

GENERAL COURSE Psychology

CORE COURSES

PSYGCOR01T: General Psychology

Objectives: Provide an overview of the basic concepts in psychology to help in better communication and enhance adjustment in life and work.

Unit 1: Orientation to psychology

a)

Nature, fields and applications of psychology

b)

Cognitive Processes: Learning, memory and problem solving

c)

Conative Processes: Motivation, types of motives (Sociogenic/Psychogenic motives)

d)

Affective Processes: Emotion, Positive and negative emotion

Unit 2: Psychology of individual differences

a) Theories of personality: Freudian psychoanalysis, type and trait ; humanistic

b) Theories of intelligence: Spearman 'g' theory, Sternberg and Gardner

c) Emotional intelligence

d) Assessment of intelligence and personality

Unit 3: Understanding developmental processes

a)

Cognitive Development – Piaget

b)

Moral Development – Kohlberg

c)

Psycho-social Development – Erikson

Unit 4: Applications of psychology

a)

Work

b)

Law

c)

Health

PSYGCOR01P: Practical

Readings:

Chadha, N.K. & Seth, S. (2014). The Psychological Realm: An Introduction. Pinnacle Learning, New Delhi. Ciccarelli, S. K & Meyer, G.E (2008). Psychology (South Asian Edition). New Delhi: Pearson

Feldman.S.R.(2009).Essentials of understanding psychology (7th Ed.) New Delhi : Tata Mc Graw Hill.

Glassman,W.E.(2000).Approaches to Psychology(3rd Ed.) Buckingham:Open University Press.

Michael ,W., Passer, Smith,R.E.(2007). Psychology The science of mind and Behavior. New Delhi :Tata McGraw-Hill.

PSYGCOR02T PSYHGECO2T: Youth, Gender And Identity

Objectives: To equip the learner with an understanding of the concepts of Youth, Gender and Identity and their interface and to inculcate sensitivity to issues related to Youth, Gender and Identity within the sociocultural context.

Unit 1: Introduction

a.

Concepts of Youth: Transition to Adulthood, Extended Youth in the Indian context

b.

Concepts of Gender: Sex, Gender Identity, Sexual Orientation, Gender Roles, Gender Role

Attitudes, Gender Stereotypes

c.

Concepts of Identity: Multiple identities

Unit 2: Youth and Identity

a.

Family: Parent-youth conflict, sibling relationships, intergenerational gap

b. Peer group identity: Friendships and Romantic relationships

c.

Workplace identity and relationships

d. Youth culture: Influence of globalization on Youth identity and Identity crisis

Unit 3: Gender and Identity

a.

Issues of Sexuality in Youth

b.

Gender discrimination

c.

Culture and Gender: Influence of globalization on Gender identity

Unit 4: Issues related to Youth, Gender and Identity

a.

Youth, Gender and violence

b.

Enhancing work-life balance

c.

Changing roles and women empowerment

d.

Encouraging non-gender stereotyped attitudes in youth PSYGCOR02P: Practical

Readings:

Berk, L. E. (2010). *Child Development* (9th Ed.). New Delhi: Prentice Hall.

Baron, R.A., Byrne, D. & Bhardwaj. G (2010). *Social Psychology* (12th Ed). New Delhi: Pearson.

PSYGCOR03T: PSYCHOLOGY FOR HEALTH AND WELL-BEING

Objective: To understand the spectrum of health and illness for better health management.

UNIT 1: Illness, Health And Well Being

Continuum and Models of health and illness: Medical, Bio-psychosocial, holistic health; health and well being.

UNIT 2: Stress and Coping

Nature and sources of stress; Effects of stress on physical and mental health; Coping and stress management

Unit 3: Health Management

Health-enhancing behaviors: Exercise, Nutrition, Health compromising behaviours; Health Protective behaviours, Illness Management

Unit 4: Human strengths and life enhancement

Classification of human strengths and virtues; cultivating inner strengths: Hope and optimism; gainful Employment and Me/We Balance.

PSYGCOR03P: Practical

Readings

Carr, A. (2004). *Positive Psychology: The science of happiness and human strength*. UK: Routledge.

DiMatteo, M.R. & Martin, L.R.(2002). *Health psychology*. New Delhi: Pearson.

Forshaw, M. (2003). *Advanced Psychology: Health Psychology*. London: Hodder and Stoughton.

Hick, J.W. (2005). *Fifty signs of Mental Health. A Guide to understanding mental health*. Yale University

Press Misra, G. (1999). *Stress and Health*. New Delhi: Concept.

Sarafino, E.P. (2002). *Health psychology: Bio psychosocial interactions (4th Ed.)*. NY: Wiley.

Snyder, C.R., & Lopez, S.J.(2007). *Positive psychology: The scientific and practical explorations of human strengths*. Thousand Oaks, CA: Sage.

Taylor, S.E. (2006). *Health psychology, 6th Edition*. New Delhi: Tata McGraw Hill.

PSYGCOR01T: PSYCHOLOGY AT WORK

Objectives: To understand the meaning and theoretical foundations of I/O

Psychology To develop an

understanding of how the various theories and methods of I/O Psychology apply to the real work settings

Unit I: Introduction to I/O Psychology

Definition, Brief History, Contemporary Trends and Challenges, I/O Psychology in India.

Unit II: Job Satisfaction and Work Motivation

Concept of Job satisfaction and work motivation, causes of Job Satisfaction, outcomes of Job Satisfaction,

Theories of Work Motivation and Applications

Unit III: Communication in Organizations

Communication process, purpose of communication in organizations, communication networks, barriers to

effective communication, managing communication

Unit IV: Leadership

The meaning of leadership, early approaches to leadership, contemporary approaches to

leadership Transformational & Transactional Leadership; Leadership in a Globalized World, Indian

perspective on leadership.

PSYGCOR04P: Practical

Readings

Adler, N.J. (1997). Global Leaders; A Dialogue with future history, *Journal of International Management*, 2, 21-33.

Adler, N.J. (1997). Global Leadership: Women Leaders. *Management International Review*, Vol. 37,

International Human Resources and Cross Cultural Management, 171-196.

Chadha, N.K. (2007). *Organizational Behavior*. Galgotia Publishers: New Delhi.

Greenberg, J. & Baron, R.A. (2007). *Behaviour in Organizations* (9th Ed.). India: Dorling Kindersley

Griffin, R.W. & Moorhead, G. (2009). *Organizational Behavior: Managing People & Organizations*.

Biztantra publishers

Robbins, S. P. & Judge, T.A. (2007). *Organizational Behavior*. 12th Edition. New Delhi: Prentice Hall of

India.

Robbins, S. P. & Judge, T.A. (2008). *Essentials of Organizational Behavior*. 9th Edition. New Delhi:

Prentice Hall of India.

Singh, K. (2010). *Organizational Behavior: Texts & Cases*. India: Dorling Kindersley

DISCIPLINE SPECIFIC ELECTIVES

PSYGDSE01T: CLINICAL PSYCHOLOGY

Objectives: To introduce the basic concepts of the growing approach of positive psychology and understand its applications in various domains.

UNIT 1: Models of Psychopathology

Psychodynamic, Cognitive- behavioural, Stress-diathesis models of psychopathology

Unit 2: Anxiety disorders and Obsessive compulsive related disorders

Overview & Clinical picture of Anxiety & Obsessive Compulsive related Disorder

Unit 3: Schizophrenia and Mood disorders

Overview & Clinical picture of Schizophrenia & Mood Disorder

PSYGDSE01P: Practical

PSYAGSE02T: HUMAN RESOURCE MANAGEMENT

Objectives: To help students understand the various processes and issues inherent in organizations related to human resources.

Unit 1: Introduction to Human Resource Management (HRM)

Personnel management, HRM and HRD, Context and issues in HRM

Unit 2: Human Resource Practices Job analysis; Recruitment and selection;

Training; Performance evaluation

Unit 3: Performance appraisal & training a.

Relevance of performance appraisal

b. Performance appraisal methods: graphic rating scales, employee comparison methods, behavioural checklist and scales

c. Errors and biases in performance appraisal

d. Training: steps in establishing a training programme; methods and techniques of training; evaluation of training programmes

PSYGDSE02P: Practical

Readings:

Aamodt, M.G. (2001) Industrial/ Organizational Psychology. Thompson Wadsworth, a division of Thompson learning Inc.

Bhatnagar, J. & Budhwar, J. (2009). The changing face of people management in India. London: Routledge.

Briscoe, D. R., Schuler, R. S. & Claus, L. (2009). International human resource management:

Policies and practices for multinational enterprises (3rd Ed). New York: Routledge.

Chadha, N.K. (2005). Human Resource Management- Issues, case studies and experiential exercises. 3rd edition. New Delhi: Sai Printographers.

DeCenzo, D.A. & Robbins, S.P. (2006). Fundamentals of human resource management. (8th Ed). NY: Wiley.

Harzing, A-W.K. and Pennington, A. (2011). International human resource management. New Delhi: Sage publications.

Jex, S.M. & Britt, T.W. (2008) Organizational Psychology: A Scientist- Practitioner Approach. 2nd ed.

John Wiley and sons Inc. New York.

Luthans, F. (2010) Organizational Behaviour. 12th Edition. McGraw Hill.

Muchinsky, P.M. (2006) Psychology applied to work: An Introduction to Industrial and Organizational

Psychology. NC :Hypergraphic press

Pareek,U. (2010) Understanding Organizational Behaviour. Oxford: Oxford University Press.

Robbins, S.P., Judge T.A. and Sanghi, S. (2009) Organizational Behaviour. 13th ed.

Pearson Education , Inc. Schlutz,D. and Schultz, S.E. (2006) Psychology and Work Today. 9th ed. New Jersey, Pearson Education

Inc.

PSYGDSE03T: HEALTH & WELLBEING

Objectives: To understand the relationship between psychological factors and physical health and learn how to enhance well-being.

Unit 1: Introduction

Introduction to Health Psychology; components of health: social,emotional, cognitive and physical aspects; mind-body relationship; goals of health psychology, Bio-psychosocial model of health, lifestyles and disease patterns.

Unit 2: Stress & Health Behaviour

Nature and sources of stress, effect of stress on physical and mental health, coping and stress management.

Characteristics of health behaviour; Barriers to health behaviour;

Unit 3: Positive Psychology

Perspectives on Positive Psychology, Character strengths and virtues.

PSYGDSE03P: Practical

Readings:

Allen, F. (2011). Health psychology and behaviour. Tata McGraw Hill Edition.

Dimatteo, M. R., & Martin L. R. (2011). Health psychology. India: Dorling Kindersley.

Misra,G. (1999).Stress and Health. New Delhi: Concept.

Baumgardner, S.R. Crothers M.K. (2010). Positive psychology. Upper Saddle River, N.J.: Prentice Hall.

Carr, A. (2004). Positive Psychology: The science of happiness and human strength.UK: Routledge.

Peterson, C. (2006). A Primer in Positive Psychology. New York: Oxford University Press.

Seligman, M.E.P. (2002). Authentic Happiness: Using the New Positive Psychology to Realize Your

Potential for Lasting Fulfillment. New York: Free Press/Simon and Schuster.

Snyder, C.R., &Lopez,S.J.(2007). Positive psychology :The scientific and practical explorations of human

strengths. Thousand Oaks, CA: Sage. Snyder, C. R., & Lopez, S. (Eds.). (2002).

Handbook of positive psychology. New York: Oxford University Press.

Sarafino, E.P. (2002). Health psychology: Bio psychosocial interactions (4th Ed.).NY: Wiley.Taylor, S.E.

(2006). Health psychology, 6th Edition. New Delhi: Tata McGraw Hill.

PSYGDSE04T: DEVELOPMENTAL PSYCHOLOGY CONTEMPORARY APPROACHES

Objectives: To understand the role of culture in understanding behavior and exploring psychological insights in the Indian thought traditions.

Unit 1: Contemporary Approaches

Contemporary approaches of studying cognitive, language and emotional development

Unit 2: Identity Development

Development of Identity: Personality development, Gender and sexuality, Development of Self.

Unit 3: Developmental Disabilities a)

Intellectual Disability,

b) Learning Disability & Communication Disorders

c) Autism Spectrum Disorders

d) Attention Deficit Hyperactive Disorder

PSYGDSE04P: Practical

Readings:

Auluck, S. (2002). Self and identity. In G. Misra, and A. K. Mohanty (eds.), Perspectives on indigenous psychology, p. 374-398. New Delhi: Concept Publishing Company.

Chiu, C., & Hong, Y. (2006). Social Psychology of Culture. New York: Psychology Press.

Jain, U. (2002). An Indian perspective on emotions. In G. Misra, and A. K. Mohanty (eds.), Perspectives on indigenous psychology, p. 281-291. New Delhi: Concept Publishing Company.

Misra, G., & Gergen, K. J. (2002). On the place of culture in psychological science. . In G. Misra, and A. K. Mohanty (eds.), Perspectives on indigenous psychology, p. 421-439. New Delhi: Concept Publishing Company.

Roa, K. R. (2011). Indian psychology: Implications and applications. In Cornelissen, R.M. M., Misra, G.,

Varma, S. (Eds.), Foundation of Indian Psychology: Theories and concepts, Vol, 1. New Delhi:

Pearson.

Sinha, J. B. P. (2002). Towards indigenization of Psychology in India. . In G. Misra, and A. K. Mohanty (eds.), Perspectives on indigenous psychology, p. 440-457. New Delhi: Concept Publishing Company.

Smith, P.B., Bond, M. H., & Kagitcibasi, C. (2006). Understanding Social Psychology across cultures:

Living and working in a changing world. London: Sage.

GENERIC ELECTIVES (GE)

PSYHGEC01T: General Psychology

Objectives: Provide an overview of the basic concepts in psychology to help in better communication and

enhance adjustment in life and work.

Unit 1: Orientation to psychology

c)

Nature, fields and applications of psychology

d)

Cognitive Processes: Learning, memory and problem solving

e)

Conative Processes: Motivation, types of motives (Sociogenic/Psychogenic motives)

f)

Affective Processes: Emotion, Positive and negative emotion

Unit 2: Psychology of individual differences

e)

Theories of personality: Freudian psychoanalysis, type and trait ; humanistic

f)

Theories of intelligence: Spearman 'g' theory, Sternberg and Gardner

g)

Emotional intelligence

h)

Assessment of intelligence and personality

Unit 3: Understanding developmental processes d)

Cognitive Development – Piaget

e)

Moral Development – Kohlberg

f)

Psycho-social Development – Erikson Unit 4: Applications of psychology d)

Work

e) Law

f) Health

PSYHGECO1P: Practical

Readings:

Chadha, N.K. & Seth, S. (2014). The Psychological Realm: An Introduction. Pinnacle Learning, New Delhi.

Ciccarelli , S. K & Meyer, G.E (2008). Psychology (South Asian Edition). New Delhi: Pearson

Feldman.S.R.(2009).Essentials of understanding psychology (7th Ed.) New Delhi : Tata Mc Graw Hill.

Glassman,W.E.(2000).Approaches to Psychology(3rd Ed.) Buckingham:Open University Press.

Michael ,W., Passer, Smith,R.E.(2007). Psychology The science of mind and Behavior. New Delhi :Tata McGraw-Hill.

PSYHGECO2T: Youth, Gender And Identity

Objectives: To equip the learner with an understanding of the concepts of Youth, Gender and Identity and their interface and to inculcate sensitivity to issues related to Youth, Gender and Identity within the sociocultural context.

Unit 1: Introduction

Concepts of Youth: Transition to Adulthood, Extended Youth in the Indian context
Concepts of Gender: Sex, Gender Identity, Sexual Orientation, Gender Roles, Gender Role Attitudes,
Gender Stereotypes
Concepts of Identity: Multiple identities

Unit 2: Youth and Identity

Family: Parent-youth conflict, sibling relationships, intergenerational gap
Peer group identity: Friendships and Romantic relationships
Workplace identity and relationships

Youth culture: Influence of globalization on Youth identity and Identity crisis Unit 3:

Gender and Identity

Issues of Sexuality in Youth
Gender discrimination
Culture and Gender: Influence of globalization on Gender identity

Unit 4: Issues related to Youth, Gender and Identity

Youth, Gender and violence
Enhancing work-life balance
Changing roles and women empowerment
Encouraging non-gender stereotyped attitudes in youth

PSYHGECO2P: Practical

Readings:

Berk, L. E. (2010). *Child Development* (9th Ed.). New Delhi: Prentice Hall.
Baron, R.A., Byrne, D. & Bhardwaj, G (2010). *Social Psychology* (12th Ed). New Delhi: Pearson.

PSYHGECO3T: PSYCHOLOGY FOR HEALTH AND WELL-BEING

Objective: To understand the spectrum of health and illness for better health management.

UNIT 1: Illness, Health And Well Being

Continuum and Models of health and illness: Medical, Bio-psychosocial, holistic health; health and well being.

UNIT 2: Stress and Coping

Nature and sources of stress; Effects of stress on physical and mental health; Coping and stress management

Unit 3: Health Management

Health-enhancing behaviors: Exercise, Nutrition, Health compromising behaviours; Health Protective behaviours, Illness Management

Unit 4: Human strengths and life enhancement Classification of human strengths and virtues; cultivating inner strengths: Hope and optimism; gainful Employment and Me/We Balance.

PSYHGECO3P: Practical

Readings

- Carr, A. (2004). *Positive Psychology: The science of happiness and human strength*. UK: Routledge.
- DiMatteo, M.R. & Martin, L.R. (2002). *Health psychology*. New Delhi: Pearson.
- Forshaw, M. (2003). *Advanced Psychology: Health Psychology*. London: Hodder and Stoughton.
- Hick, J.W. (2005). *Fifty signs of Mental Health. A Guide to understanding mental health*. Yale University Press
- Misra, G. (1999). *Stress and Health*. New Delhi: Concept.
- Sarafino, E.P. (2002). *Health psychology: Bio psychosocial interactions (4th Ed.)*. NY: Wiley.
- Snyder, C.R., & Lopez, S.J. (2007). *Positive psychology: The scientific and practical explorations of human strengths*. Thousand Oaks, CA: Sage.
- Taylor, S.E. (2006). *Health psychology, 6th Edition*. New Delhi: Tata McGraw Hill.
- PSYHGECO4T: PSYCHOLOGY AT WORK**

Objectives: To understand the meaning and theoretical foundations of I/O Psychology To develop an understanding of how the various theories and methods of I/O Psychology apply to the real work settings

Unit I: Introduction to I/O Psychology

Definition, Brief History, Contemporary Trends and Challenges, I/O Psychology in India.

Unit II: Job Satisfaction and Work Motivation

Concept of Job satisfaction and work motivation, causes of Job Satisfaction, outcomes of Job Satisfaction, Theories of Work Motivation and Applications

Unit III: Communication in Organizations

Communication process, purpose of communication in organizations, communication networks, barriers to effective communication, managing communication

Unit IV: Leadership The meaning of leadership, early approaches to leadership, contemporary approaches to

leadership Transformational & Transactional Leadership; Leadership in a Globalized World, Indian perspective on leadership.

PSYHGECO4P: Practical

Readings

Adler, N.J. (1997). Global Leaders; A Dialogue with future history, *Journal of International Management*, 2, 21-33.

Adler, N.J. (1997). Global Leadership: Women Leaders. *Management International Review*, Vol. 37, *International Human Resources and Cross Cultural Management*, 171-196.

Chadha, N.K. (2007). *Organizational Behavior*. Galgotia Publishers: New Delhi.
Greenberg, J. & Baron, R.A. (2007). *Behaviour in Organizations* (9th Ed.). India: Dorling Kindersley
Griffin, R.W. & Moorhead, G. (2009). *Organizational Behavior: Managing People & Organizations*.

Biztantra publishers

Robbins, S. P. & Judge, T.A. (2007). *Organizational Behavior*. 12th Edition. New Delhi: Prentice Hall of India.

Robbins, S. P. & Judge, T.A. (2008). *Essentials of Organizational Behavior*. 9th Edition. New Delhi:

Prentice Hall of India.

Singh, K. (2010). *Organizational Behavior: Texts & Cases*. India: Dorling Kindersley
SKILL ENHANCEMENT COURSE (SEC) (SKILL BASED)

(Any 2 of the following: 1 in Sem III and 1 in sem IV):

PSYSSEC01M: Stress Management

Objective: In everyday life we experience stress related to various situations.

Students will learn how they

can make adjustments and manage to cope with stress more effectively. **Unit 1: Stress:** Introduction, Nature, symptoms, sources of stress: environmental, social, physiological and psychological.

Unit 2: Stress and health: effects of stress on health, eustress

Unit 3: Managing stress-I: Methods - yoga, meditation, relaxation techniques.

Unit 4: Managing stress-II: Problem focused and emotion focused approaches.

Readings:

Carr, A. (2004). *Positive Psychology: The science of happiness and human strength*. UK: Routledge.

DiMatteo, M.R. & Martin, L. R. (2002). *Health psychology*. New Delhi: Pearson

Neiten, W. & Lloyd, M.A (2007). *Psychology applied to Modern life*. Thomson
Detmar Learning.

Sarafino, E.P. (2002). *Health psychology: Bio psychosocial interactions* (4th Ed.). NY: Wiley.

PSYSSEC02M: EFFECTIVE DECISION MAKING

Objective: Students will learn various strategies which will enable them to make effective decisions in life.

Unit 1: Introduction: What is decision making? Importance of making good decisions.

Unit 2: Decisions regarding career: Discovering self and creating a healthy acceptance of self; Learning to connect with self with vocational choices/career.

Unit 3: Decision making in interpersonal context: Learning about conflict management in interpersonal

relations; negotiation in interpersonal conflict, handling difficult people and finding solutions.

Unit 4: Decision making at the workplace: developing competencies and skills required for effective decision making.

Readings:

Adler, R.B & Proctor, R.F (2009). *Communication Goals and Approaches*. Wadsworth Cengage Learning,

India Chadha, N.K. & Bhatia, H. (2014). *Career Development-different voices, different choices*. The Readers Paradise: New Delhi.

Sherfield, R.M., Montgomery, R.J., & Moody, P.G. (2009). *Developing soft skills*. Pearson Education, India. PSYGGECO1T: PSYCHOLOGY AND MEDIA

Objectives: To understand the effect of media on human psyche and to develop a critical awareness of the underlying psychological processes and mechanisms

Unit 1: Media and User:

Understanding mass media; Issues in Media psychology: Construction of reality, media and culture, Media and ethics, regulation.

Unit 2: Media and advertising

Developing an effective advertising programme /media promotions/ campaigns for social marketing. Case studies in the Indian context.

Unit 3: Audio-Visual media (TV and movies) and Print media

Nature and impacts of Audio-visual (TV and movies) and print media

Developmental issues: fantasy Vs reality, socialization, stereotyping, violence, and cybercrime.

Case studies in the Indian context.

Unit 4: Interactive and emerging technologies

Virtual social media, interactive media, gaming, issues of internet addiction. Case studies in the Indian context.

PSYGGECO1P: Practical

Readings:

Dill, K.E. (2009). *How Fantasy becomes Reality Seeing Through Media Influence*. New York: Oxford University Press.

Giles, D. (2003). *Media Psychology*. New Jersey: Lawrence Erlbaum Associates Publishers.

Haugtvedt, C. P., Herr, P. M., & Kardes, F. R. (Eds.). (2008). *Handbook of Consumer Psychology*.

NY: Psychology Press.

- Jansson-Boyd, C. V. (2010). *Consumer Psychology*. England: Open University Press.
- Wanke, M. (Ed.). (2009). *Social Psychology of Consumer Behaviour*. NY: Taylor & Francis Group.
- Kirsh, S.J. (2006). *Children Adolescents and Media Violence*. New York: Sage.
- Montgomery, K.C. (2007) *Generation Digital*. MIT Press.
- Wood, R.N. (1983). *Mass Media and Individual*. Minnesota: Woods. PSYGGECO2T:

INTER-GROUP RELATIONS

Objectives: To understand the significance of healthy inter-group relations for the society and learn the strategies of resolving intergroup conflicts.

Unit 1: Nature of intergroup relations

Cooperation vs. competition; Classical study of Robbers cave experiment; Realistic conflict theory.

Unit 2: Social categorization and conflict

Ingroup vs. outgroup; Consequences of social categorization: Cognitive biases & stereotypes, conflict and social categorization.

Unit 3: Cultural aspects of intergroup relations

Social identity, Stereotypes, case studies in the Indian context.

Unit 4: Resolving intergroup conflict

Intergroup contact; Promoting intergroup cooperation; Conflict management strategies.

PSYGGECO2P: Practical

Readings:

- Baron, R.A., Branscombe, N.R, Byrne,D. & Bhardwaj, G. (2009) *Social psychology*. New Delhi: Pearson.
- Keyton, J. (2006). *Communicating groups-building relationships in group effectiveness*. New York: Oxford University Press.
- Smith, P.B., Bond, M.H & Kagitcibasi, C.(2006) *Understanding social psychology across culture*. New Delhi : Sage Publications.
- Zorsyth, D.R. (2009) *Group dynamics*. Broke/Cole: Wadsworth .